



NEWS RELEASE

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Air District extends Spare the Air Alert for smog through Tuesday

High temperatures expected to continue creating smoggy conditions

SAN FRANCISCO – The Bay Area Air Quality Management District is extending the Spare the Air Alert for smog through Tuesday, September 6.

Air quality is forecast to be unhealthy **through Tuesday, September 6**. Ongoing triple-digit temperatures combined with light winds and vehicle exhaust are expected to continue causing unhealthy smog, or ozone, accumulation in the Bay Area.

“As extreme inland temperatures continue to impact the region’s air quality, it’s important that residents find alternatives to driving alone to reduce smog,” said Sharon Landers, interim executive officer of the Air District. “Tailpipe exhaust combines with heat and sunlight to create harmful smog. The public can protect their health by avoiding outdoor activities when temperatures and air pollution levels are highest.”

Spare the Air Alerts are issued when ozone pollution is forecast to reach unhealthy levels. Ozone can cause throat irritation, congestion and chest pain. It can trigger asthma, inflame the lining of the lungs and worsen bronchitis and emphysema. Long-term exposure can reduce lung function. Ozone pollution is particularly harmful for young children, seniors and those with respiratory and heart conditions. When a Spare the Air Alert is issued, outdoor exercise should be undertaken only in the early morning hours when ozone concentrations are lower.

To find out when a Spare the Air Alert is in effect, residents can register for email AirAlerts at www.sparetheair.org, call 1(800) HELP-AIR, download the Spare the Air App or connect with Spare the Air on Facebook or Twitter.

The [Bay Area Air Quality Management District](http://www.bayareaairquality.org) is the regional agency responsible for protecting air quality in the nine-county Bay Area. Connect with the Air District via [Twitter](https://twitter.com/bayareaair), [Facebook](https://www.facebook.com/bayareaair) and [YouTube](https://www.youtube.com/bayareaair). For more information about Spare the Air, visit www.sparetheair.org.

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